

# Rum soaked Fruits & Nuts for Christmas cake

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-pudding-with-prunes-recipe>

## Ingredients:

- almonds : 50 g.
- raisins : 50 g.
- prunes : 50 g.
- dates : 50 g.
- walnut : 50 g.
- cashew nut : 50 g.
- cherries : 50 g.
- apricot : 50 g.
- lemon peel Orange-, : 2 Tbsp.
- nutmeg Powder: ½ Tsp.
- clove Powder: ½ Tsp.
- cinnamon powder : ½ Tsp.
- brown sugar : 2 Tbsp.
- dark rum : 750 ml., I've used Old Monk

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 47 grams
3. Fat: 13 grams
4. Fiber: 7 grams
5. Protein: 6 grams
6. SaturatedFat: 2 grams
7. Sodium: 5 milligrams
8. Sugar: 30 grams

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