

Applesauce

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-appletini-recipe>

Ingredients:

- 4 pounds apples about 7 to 10 apples, depending on the size, peeled, cored, and quartered*, use apples varieties that are good for cooking.
- 2 strips lemon peel use a vegetable peeler to strip 4 lengths, zest only, not the pith
- 3 tablespoons lemon juice or apple cider vinegar, more or less to taste
- 1/2 teaspoon ground cinnamon
- 1/2 cup white sugar can sub half of the white sugar with brown sugar
- 1 cup water
- 1/2 teaspoon salt

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 90 grams
3. Fiber: 9 grams
4. Sodium: 300 milligrams
5. Sugar: 71 grams

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