

# Dairy-Free Lemon Poppyseed Ice Cream

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-almond-shortbread-recipe>

## Ingredients:

- 1 can full fat coconut milk
- 1/4 cup lemon juice freshly squeezed, I used two medium lemons
- 1/4 cup agave or your favorite neutral flavored liquid sweetener, honey or coconut nectar
- 1 tablespoon gluten free vodka\*, optional
- 1 pinch stevia to taste or 1 more Tbsp of sweetener
- 1 lemon
- 1 tablespoon poppy seeds
- lemon zest for serving
- almond shortbread cookies Grain-free, recipe below, for serving
- 2 cups almond flour I buy mine from nuts.com
- 3 tablespoons coconut palm sugar or other granulated sweetener
- 1/8 teaspoon sea salt
- 1/4 cup butter ghee, coconut oil or Earth Balance softened, use oil or Earth Balance for vegan and dairy-free
- 2 tablespoons honey or agave, use agave for vegan
- 1/2 teaspoon pure vanilla extract
- 1/4 teaspoon almond extract
- 1 teaspoon poppyseeds optional

## Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 30 milligrams
4. Fat: 62 grams
5. Fiber: 11 grams
6. Protein: 16 grams
7. SaturatedFat: 30 grams

8. Sodium: 180 milligrams
  9. Sugar: 21 grams
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