

Chopped Greek Salad | #SundaySupper

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chopped-greek-salad-recipe>

Ingredients:

- 1 head lettuce chopped
- 1/2 head lettuce green leafy, chopped
- 1 green bell pepper diced
- 1 cucumber peeled, diced
- 2 tomatoes cut into quarters
- 6 ounces feta cheese chopped
- 4 slices beets canned cooked
- Kalamata olives
- peppers Greek
- 5 radishes cut in half
- 4 whole green onions
- 3/4 cup distilled white vinegar
- 1 teaspoon oregano
- sea salt
- pepper

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 40 milligrams
4. Fat: 9 grams
5. Fiber: 6 grams
6. Protein: 10 grams
7. SaturatedFat: 6 grams
8. Sodium: 720 milligrams
9. Sugar: 8 grams

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