

# Dark Chocolate Panna Cotta

Yield: 6 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chocolate-panna-cotta-recipe-italian>

## Ingredients:

- 1 3/4 cups heavy whipping cream
- 1 cup whole milk
- 1 packet gelatin
- 2 tablespoons granulated sugar
- 3 1/2 ounces dark chocolate or semi sweet, chopped
- 1 dash instant coffee optional
- 1 teaspoon vanilla extract

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 100 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 20 grams
8. Sodium: 50 milligrams
9. Sugar: 14 grams

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