

MINT CHOCOLATE SWISS ROLL

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chocolate-mint-swiss-roll-recipe>

Ingredients:

- 3/4 cup self-raising flour
- cocoa powder
- 4 eggs
- 7/8 cup caster sugar
- icing sugar for sprinkling
- 1 cup cream
- 1 mascarpone
- 2 tablespoons icing sugar
- 1/2 teaspoon essence peppermint
- 1 mint pkt Aero, Bubbles
- liquid or green colouring paste

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 305 milligrams
4. Fat: 34 grams
5. Fiber: 3 grams
6. Protein: 18 grams
7. SaturatedFat: 19 grams
8. Sodium: 610 milligrams
9. Sugar: 33 grams

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