

Sugar And Dairy Free Keto Easter Eggs

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/chocolate-coconut-cream-easter-egg-recipe>

Ingredients:

- sugar
- eggs
- 1 3/4 cups shredded coconut desiccated/, unsweetened
- 2/3 cup coconut oil melted
- 6 tablespoons coconut cream
- 6 tablespoons sweetener powdered, choice or more to your taste
- 1 teaspoon vanilla or peppermint
- 3 1/2 ounces chocolate Lindt 90%

Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 75 grams
3. Cholesterol: 55 milligrams
4. Fat: 56 grams
5. Fiber: 5 grams
6. Protein: 4 grams
7. SaturatedFat: 49 grams
8. Sodium: 270 milligrams
9. Sugar: 62 grams

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