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Clean Eating – 1 Minute Chocolate Chip Cookie

Yield: 4 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/chocolate-chip-cookie-recipe-with-greek-yogurt

Ingredients:

- 1/4 cup oat flour
- 1 tablespoon stevia
- 1 egg yolk
- 1 tablespoon Greek yogurt
- 1/4 teaspoon vanilla extract
- 1 pinch salt
- 2 tablespoons chocolate chips

Nutrition:

Calories: 70 calories
Carbohydrate: 9 grams
Cholesterol: 55 milligrams

4. Fat: 3.5 grams5. Fiber: 1 grams6. Protein: 2 grams

7. SaturatedFat: 1.5 grams8. Sodium: 80 milligrams

9. Sugar: 3 grams

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