

# Kentucky Chess Pie

Yield: 8 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-southern-chess-pie-recipe>

## Ingredients:

- 3/4 cup flour
- 1/2 tablespoon sugar
- 1 teaspoon fine salt
- 12 tablespoons unsalted butter diced
- 2/3 cup light brown sugar packed
- 2/3 cup buttermilk
- 1/2 teaspoon grated nutmeg freshly
- 4 egg yolks plus 1 egg

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 150 milligrams
4. Fat: 20 grams
5. Protein: 4 grams
6. SaturatedFat: 12 grams
7. Sodium: 320 milligrams
8. Sugar: 20 grams

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