

# Indian Butter Chicken

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-cilantro-rice-recipe>

## Ingredients:

- 6 tablespoons butter divided
- 2 pounds chicken breasts cut into 1" chunks
- 1 yellow onion diced
- 3 garlic cloves minced
- 3 teaspoons Garam Masala
- 1 tablespoon ginger fresh grated
- 1 teaspoon chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon cayenne pepper
- 1 1/2 cups tomato sauce or one 14 oz can would work
- 2 cups cream
- salt
- pepper
- lime optional
- cilantro optional
- naan
- rice

## Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 290 milligrams
4. Fat: 55 grams
5. Fiber: 6 grams
6. Protein: 57 grams
7. SaturatedFat: 31 grams
8. Sodium: 1110 milligrams
9. Sugar: 11 grams

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