

Squidgy Superfood Brownies

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/chocolate-and-beetroot-cake-recipe-indian>

Ingredients:

- 1/4 cup canola oil
- 1/2 cup sugar
- 4 packets Truvia
- 1 1/4 cups beets pureed
- 1 tablespoon vanilla extract
- 1/3 cup unsweetened cocoa powder
- 2 tablespoons beet greens powder, I made my own from pulverized, dehydrated beet greens or kale powder
- 1/3 cup flour
- 1/4 cup buckwheat flour
- 1/4 teaspoon baking powder
- 1 pinch salt
- 3 tablespoons dark chocolate chips

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 26 grams
3. Fat: 9 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 75 milligrams
8. Sugar: 16 grams

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