

# Chipotle Meatloaf

Yield: 8 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/chipotle-veggie-bowl-recipe-indian-style>

## Ingredients:

- 2 pounds ground beef
- 2 tablespoons garlic chili sauce
- 2 eggs
- 1 cup quick cooking oats
- 1 tablespoon chipotle ground dried
- 1 cup salsa
- veggies Fresh, or salad, as side dish

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 130 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 25 grams
7. SaturatedFat: 7 grams
8. Sodium: 340 milligrams
9. Sugar: 2 grams
10. TransFat: 1 grams

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