

# Scrambled Tofu Burritos

Yield: 6 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chipotle-mexican-grill-tofu-recipe>

## Ingredients:

- 16 ounces tofu tub soft or firm, but not extra-firm
- 1 tablespoon Earth Balance or other vegan buttery spread
- 1 cup salsa your favorite variety—try black bean and corn
- garlic
- chipotle
- 1/2 teaspoon curry powder good-quality, or to taste
- 6 flour tortillas 8- to 10- inch soft
- 1 1/2 cups vegan cheddar approximately, or nacho cheese

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Fat: 10 grams
4. Fiber: 6 grams
5. Protein: 12 grams
6. SaturatedFat: 2 grams
7. Sodium: 580 milligrams
8. Sugar: 8 grams

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