

Quick & Easy Corn Salsa

Yield: 5 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chipotle-mexican-grill-corn-salsa-recipe>

Ingredients:

- 1 pound corn frozen, thawed
- 1 can mild green chiles diced
- 1 cup cherry tomatoes diced
- 2 teaspoons fresh cilantro chopped
- 2 dashes chipotle Tabasco

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 21 grams
3. Fat: 1 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. Sodium: 15 milligrams
7. Sugar: 5 grams

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