

Homemade Chipotle Burrito Bowl

Yield: 6 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chipotle-bowl-recipe-indian>

Ingredients:

- 1 tablespoon oil
- 1/2 cup yellow onion chopped
- 1 pound ground beef
- 1 teaspoon garlic powder
- 2 teaspoons ground cumin
- 2 teaspoons chili powder
- 1/2 teaspoon dried oregano
- 2 teaspoons ground coriander optional
- 1/2 teaspoon salt
- 1/2 teaspoon black pepper
- 8 ounces tomato sauce 1 can
- 1 cup rice uncooked
- 1 cup salsa
- 3 cups iceberg lettuce chopped
- 1 cup black beans drained and rinsed
- 1 cup whole kernel corn, drained
- 2 cups diced tomatoes
- 1 cup orange bell pepper diced, optional
- 2 avocado sliced or diced
- 2 tablespoons cilantro leaves chopped fresh
- 1 lime
- 1 cup shredded sharp cheddar cheese
- chipotle burrito sauce

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 54 grams

3. Cholesterol: 70 milligrams
4. Fat: 33 grams
5. Fiber: 17 grams
6. Protein: 29 grams
7. SaturatedFat: 11 grams
8. Sodium: 940 milligrams
9. Sugar: 17 grams
10. TransFat: 1 grams

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