

Chinese Spicy Zucchini Stir Fry

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-zucchini-recipe-cooking-wine>

Ingredients:

- 1 tablespoon olive oil
- 1 zucchini Large, sliced into half moons
- 4 teaspoons unseasoned rice vinegar
- 1 tablespoon reduced sodium soy sauce or coconut aminos
- 2 tablespoons water
- 1/2 tablespoon honey
- 1/2 tablespoon garlic chili paste
- 1/4 teaspoon sesame oil

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 4 grams
3. Fat: 3.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 135 milligrams
8. Sugar: 4 grams

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