

Thai One On Dip with Wonton Chips

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/fried-chicken-wonton-recipe-indian>

Ingredients:

- 1 package wontons
- garlic powder
- salt
- spray oil
- 1 package ground chicken or turkey, beef or pork would also work
- 2 cups coleslaw mix
- 2 tablespoons sriracha
- 2 tablespoons soya sauce
- 1 clove garlic large, minced
- 1 tablespoon minced ginger
- 2 green onions chopped
- pepper to taste
- 1 avocado
- 4 ounces cream cheese softened, half a block
- 1/4 cup plain yogurt
- 1 lime juice of one lime
- 1/2 tablespoon soya sauce
- 2 green onions
- 1 clove garlic minced
- sesame seeds
- cilantro
- cashews chopped
- mint
- 2 tablespoons sesame oil with 1/2 tsp of chilli flakes or Thai flavoured oil, optional

Nutrition:

1. Calories: 370 calories

2. Carbohydrate: 24 grams
 3. Cholesterol: 35 milligrams
 4. Fat: 29 grams
 5. Fiber: 8 grams
 6. Protein: 8 grams
 7. SaturatedFat: 8 grams
 8. Sodium: 1000 milligrams
 9. Sugar: 8 grams
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