

Chinese Corn Soup

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-velvet-corn-soup-recipe>

Ingredients:

- 14 1/2 ounces corn creamed style, Del Monte is my go-to
- 1/2 cup ground pork or thinly sliced pork
- 1 teaspoon soy sauce
- 1 teaspoon oyster sauce
- 1 1/2 teaspoons rice wine
- 1/4 teaspoon salt
- 1 dash white pepper
- 4 cups water
- 2 eggs
- 1 green onion sliced on the diagonal
- salt
- pepper

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 105 milligrams
4. Fat: 3.5 grams
5. Fiber: 4 grams
6. Protein: 7 grams
7. SaturatedFat: 1 grams
8. Sodium: 520 milligrams
9. Sugar: 3 grams

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