

Chinese Chicken/Vegetables Noodle Soup

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-veg-noodles-soup-recipe>

Ingredients:

- 250 grams noodles
- 1 pound chicken breast
- salt To taste
- 4 cups stock
- 1 tablespoon sesame oil
- ginger grated- 1 tsp
- garlic grated- 1 1/2 tsp
- 1 tablespoon soy sauce
- 2 teaspoons chilli sauce
- black pepper powder- 1 tsp
- 1 teaspoon white vinegar
- carrot julienne- 1/4 cup
- broccoli pieces- 1/4 cup
- bell pepper julienne- 1/4 cup
- cabbage julienne- 1/4 cup
- spring onions white part chopped from 1 bunch

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 130 milligrams
4. Fat: 12 grams
5. Fiber: 5 grams
6. Protein: 42 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 970 milligrams
9. Sugar: 9 grams

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