

# Roast Turkey Breast with Roasted Garlic Gravy

Yield: 7 min

Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-turkey-wing-recipe>

## Ingredients:

- 2 turkey wings
- 2 heads garlic
- 2 tablespoons olive oil
- salt
- white pepper
- 3 tablespoons butter
- 2 tablespoons flour
- 1 bone-in skin-on turkey breast with two breast halves, about 6-7 pounds
- 2 tablespoons vegetable oil
- salt
- black pepper
- 1 teaspoon dried thyme
- 1 teaspoon ground sage or poultry seasoning

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 35 milligrams
4. Fat: 13 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 4 grams
8. Sodium: 280 milligrams

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