

# Chinese Tuna Vermicelli Salad

Yield: 2 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-tuna-recipe>

## Ingredients:

- 1 cup carrot grated
- 1 cup zucchini grated
- 1 lemon
- 1 cup peanut roasted
- 7 ounces tuna canned
- 2 tablespoons olive oil
- 1 teaspoon seeds sesame
- 100 grams vermicelli
- 2 tablespoons soy sauce
- 1 chili small
- salt to taste

## Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 40 milligrams
4. Fat: 58 grams
5. Fiber: 13 grams
6. Protein: 53 grams
7. SaturatedFat: 9 grams
8. Sodium: 1470 milligrams
9. Sugar: 9 grams

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