

“Get It Right” grilled scallops with Lemon Salsa Verde

Yield: 4 min
Total Time: 12 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-dimsom-tendon-recipe>

Ingredients:

- 3 tablespoons extra virgin olive oil
- 1 teaspoon grated lemon zest finely
- 1 1/2 tablespoons Meyer lemon juice
- 1/2 cup beet greens
- 2 tablespoons fresh parsley leaves
- 2 tablespoons fresh cilantro
- 1 tablespoon fresh basil
- 2 cloves garlic
- 12 tendons large scallops, removed
- 1 teaspoon kosher salt
- 1 teaspoon freshly ground black pepper

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 1 grams
3. Fat: 10 grams
4. SaturatedFat: 1.5 grams
5. Sodium: 610 milligrams

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