

Chinese Tea Eggs (w/ Soft and Hard Boiled Eggs, ???)

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-tea-boiled-eggs-recipe>

Ingredients:

- 12 large eggs
- 4 tablespoons light soy sauce or soy sauce
- 2 tablespoons dark soy sauce or soy sauce
- 1 teaspoon Sichuan peppercorns
- 1 star anise
- 1 cinnamon stick small
- 2 teaspoons sugar
- 1 teaspoon salt
- 2 tea bags black, or 2 tablespoons black tea leaves
- 2 1/2 cups water

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 635 milligrams
4. Fat: 15 grams
5. Protein: 21 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 2160 milligrams
8. Sugar: 4 grams

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