

# Taro Ice Cream

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-taro-tapioca-dessert-recipe>

## Ingredients:

- 2 tablespoons unsalted butter
- 2/3 pound taro grated, about 2 cups, packed
- 2 cups heavy cream
- 14 ounces coconut milk
- 3/4 cup sugar
- 3/4 teaspoon kosher salt

## Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 67 grams
3. Cholesterol: 215 milligrams
4. Fat: 83 grams
5. Fiber: 5 grams
6. Protein: 6 grams
7. SaturatedFat: 58 grams
8. Sodium: 530 milligrams
9. Sugar: 40 grams

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