

# Vegetable Lo Mein

Yield: 2 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-chicken-and-snow-peas-chinese-recipe>

## Ingredients:

- 1 tablespoon vegetable oil
- 4 ounces shitake mushrooms sliced
- 4 cups napa cabbage shredded
- kosher salt
- 1 carrot thinly sliced or peeled into ribbons with a vegetable peeler
- 7 ounces snow peas whole or thinly sliced
- 1 clove garlic grated, about 1 teaspoon
- 2 teaspoons ginger grated
- 3 scallions sliced
- 14 ounces lo mein noodles cooked
- 1/4 cup low sodium soy sauce
- sesame seeds for garnish, optional
- chopped fresh cilantro for garnish, optional