

# Stir-Fried Chinese Cabbage with Ham

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-ham-har>

## Ingredients:

- 1 1/2 pounds chinese cabbage
- 1/4 cup chicken stock
- 2 tablespoons chinese rice wine
- 2 teaspoons honey
- 2 teaspoons cornstarch
- 1/4 pound Smithfield Ham thinly sliced

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 9 grams
3. Fiber: 2 grams
4. Protein: 4 grams
5. Sodium: 135 milligrams
6. Sugar: 5 grams

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