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Chinese Coconut Red Bean Soup with Tapioca Pearls

Yield: 4 min Total Time: 75 min

Recipe from: https://www.recipeschoose.com/recipes/eight-bean-soup-chinese-recipe

Ingredients:

- 10 cups water divided
- 1/4 cup tapioca pearls
- 2 cups small red beans or Japanese azuki beans, soaked overnight, rinsed, and drained
- rock sugar to taste, depending on your preferred level of sweetness
- 13 1/2 ounces coconut milk

Nutrition:

Calories: 580 calories
Carbohydrate: 74 grams

3. Fat: 24 grams4. Fiber: 17 grams5. Protein: 24 grams6. SaturatedFat: 20 grams

7. Sodium: 55 milligrams

8. Sugar: 5 grams

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