

# Chinese Sugar Donuts!

Yield: 15 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-sugar-donuts-recipe>

## Ingredients:

- 1/2 cup milk
- 1 teaspoon dry yeast
- 1 whole egg
- 1 egg yolk
- 2 teaspoons sugar
- 1/2 teaspoon salt
- 2 cups all-purpose flour
- 1 tablespoon butter
- vegetable oil for frying
- 2 cups sugar ; for dusting
- 1 tablespoon olive oil

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 30 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 1 grams
8. Sodium: 95 milligrams
9. Sugar: 28 grams

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