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Chinese Rice Bowl

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-style-rice-bowl-recipe

Ingredients:

- 1 2/3 cups long-grain rice rinsed in several changes of water
- 2 large eggs
- 1 tablespoon sesame oil
- 2 tablespoons nut oil
- 2 scallions finely chopped
- salt
- freshly ground black pepper

Nutrition:

- 1. Calories: 410 calories
- 2. Carbohydrate: 62 grams
- 3. Cholesterol: 105 milligrams
- 4. Fat: 13 grams
- 5. Fiber: 1 grams
- 6. Protein: 9 grams
- 7. SaturatedFat: 2 grams
- 8. Sodium: 230 milligrams

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