

Chinese Oxtail Noodle Soup

Yield: 4 min
Total Time: 160 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-oxtail-stew>

Ingredients:

- 2 pounds oxtails
- 1 onion medium sized, halved
- 5 centimeters ginger peeled & sliced
- 4 garlic cloves peeled
- 2 star anise
- 1/2 teaspoon black peppercorns
- 1 tablespoon Sichuan peppercorns
- 1 teaspoon salt
- 2 tablespoons dark soy sauce
- noodles rice, egg or flour noodles - you choose
- 3 spring onions finely sliced

Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 175 milligrams
4. Fat: 62 grams
5. Fiber: 2 grams
6. Protein: 42 grams
7. SaturatedFat: 27 grams
8. Sodium: 1200 milligrams
9. Sugar: 2 grams

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