

Steamed Beef Tripe

Yield: 5 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-steamed-tripe-recipe>

Ingredients:

- 1 pound tripe beef
- 6 green onions sliced
- 2 cloves garlic sliced
- salt
- white pepper
- soy sauce
- vegetable oil
- sesame oil
- 1 inch fresh ginger section of, sliced thin

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 3 grams
3. Fat: 8 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 360 milligrams

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