

Easy Chinese Steamed Buns (Without Yeast)

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-steamed-minced-beef-recipe>

Ingredients:

- 1 garlic clove grated
- 1/2 ginger thumb sized, grated
- 7 ounces minced beef 200 gr
- 2 teaspoons sesame oil
- 3 tablespoons hoisin sauce
- 1 tablespoon rice vinegar
- 1 teaspoon soy sauce
- 1/2 teaspoon Chinese five-spice powder
- 1 teaspoon honey
- 1/2 cup spring onion chopped, 20 gr
- 1 1/4 cups all-purpose flour 160 gr
- 1/3 cup cornstarch 40 gr
- 1/4 teaspoon salt
- 2 teaspoons baking powder
- 1/2 cup coconut milk 125 ml

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 35 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 15 grams
7. SaturatedFat: 10 grams
8. Sodium: 720 milligrams
9. Sugar: 6 grams

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