

Chinese Egg Drop Soup

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/youtube-recipe-for-chinese-egg-drop-soup>

Ingredients:

- 6 shiitake mushrooms thinly sliced
- 6 cups chicken stock
- 1 tablespoon chinese rice wine or dry sherry
- 1 teaspoon fresh ginger grated
- 1/2 teaspoon salt or to taste
- 1/4 teaspoon ground white pepper or to taste
- 1 tablespoon cornstarch dissolved in 3 tablespoons water
- 1 large egg
- green onion handful thinly sliced

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 65 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 13 grams
7. Sodium: 830 milligrams
8. Sugar: 7 grams

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