

Best Steak Stir Fry

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-green-pepper-steak>

Ingredients:

- 1/2 pound steak fryer, or chicken, or pork
- 1 package rice noodles cooked according to the box
- 1/4 cup water
- 1/4 cup soy sauce
- 3 tablespoons brown sugar
- 3 tablespoons corn starch
- 2 tablespoons hoisin sauce
- 2 teaspoons red pepper flakes
- 1 teaspoon fresh ginger minced
- 2 tablespoons sesame oil
- 1 green pepper small red and, sliced
- 1 red onion small, sliced
- 3 cremini mushrooms chopped
- 2 tablespoons garlic
- 1 can baby corn whole sweet
- green onions fresh, for garnish, optional
- salt
- pepper

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 27 grams
3. Fat: 7 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 1360 milligrams
8. Sugar: 12 grams

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