

Recipes For Chinese Noodles With Vegetables

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-starch-noodles-recipe>

Ingredients:

- noodles Appropriate amount of
- green onions moderate
- 2 peppers
- 1 leaf mustard
- 2/3 pound pork
- greens moderate amounts of fresh
- 1 tablespoon bean paste Sichuan
- 1 tablespoon light soy sauce
- starch appropriate amount of
- soy sauce moderate
- vinegar moderate
- oil moderate pepper
- 2 tablespoons Chili red oil

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 65 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 2 grams
8. Sodium: 610 milligrams
9. Sugar: 2 grams

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