

Paleo Creamy Spinach Casserole

Yield: 8 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spinach-casserole-recipe>

Ingredients:

- 36 ounces frozen spinach I used 3- 12 oz packs
- 1 cream cheese tub Kite Hill Almond Milk
- 1/4 cup ghee
- 1 teaspoon garlic powder
- 1/2 teaspoon sea salt
- 3/4 cup panko Pork, or crushed up pork rinds

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 30 milligrams
4. Fat: 16 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 5 grams
8. Sodium: 400 milligrams
9. Sugar: 3 grams

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