

Chinese Spinach and Peanut Salad (???????)

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spinach-and-peanuts-recipe>

Ingredients:

- 500 grams spinach tough ends removed
- 1 cup peanuts
- 1 tablespoon peanut oil or vegetable oil
- 2 tablespoons chinese black vinegar
- 1 teaspoon light soy sauce
- 2 teaspoons sugar
- 1/2 teaspoon salt
- 2 teaspoons ginger minced
- sesame seed roasted white, for decoration, Optional

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 14 grams
3. Fat: 23 grams
4. Fiber: 6 grams
5. Protein: 14 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 480 milligrams
8. Sugar: 4 grams

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