

# Garlic Wontons

Yield: 75 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spicy-wonton-recipe>

## Ingredients:

- 2 pounds ground turkey cooked, could also use pork or beef
- 2 cups shredded cabbage I just use the coleslaw mix
- 1 1/2 teaspoons garlic salt
- 1/2 teaspoon pepper
- 1 teaspoon sugar
- 2 packages wonton wrappers 52 in a pack
- oil for frying
- 75 wontons

## Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 10 milligrams
4. Fat: 1.5 grams
5. Protein: 3 grams
6. Sodium: 80 milligrams

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