

Chinese Cucumber Salad

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/white-salad-recipe-chinese>

Ingredients:

- 4 cucumbers medium sized
- 2 tablespoons sea salt for soaking water
- black sesame seeds for garnishing salad, optional but fun
- 4 tablespoons red wine vinegar
- 4 tablespoons soy sauce I used low-sodium,]; use gluten-free soy sauce like Tamari if needed.
- 3 tablespoons sugar Stevia in the Raw Granulated, or Splenda, use Stevia or Splenda for South Beach Diet
- 4 teaspoons sesame oil
- 2 teaspoons Sriracha sauce or other hot sauce of your choice
- salt original recipe had, in the dressing, but I left it out this time