

# Chinese Spicy Chicken

Yield: 5 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/substitute-for-chinese-red-vinegar-in-a-recipe>

## Ingredients:

- chicken
- 4 boneless chicken breasts
- salt
- pepper
- 1 cup cornstarch
- 2 eggs beaten
- 1/4 cup canola oil
- sauce Spicy
- 1/4 cup sugar
- 4 tablespoons ketchup
- 1/2 cup vinegar
- 1 tablespoon soy sauce
- 1 teaspoon garlic salt
- Sriracha hot sauce to taste
- red pepper flakes

## Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 400 milligrams
4. Fat: 29 grams
5. Fiber: 3 grams
6. Protein: 103 grams
7. SaturatedFat: 7 grams
8. Sodium: 1100 milligrams
9. Sugar: 17 grams

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