

# Quick and Easy Egg Drop Soup

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/enoki-mushroom-indian-recipe>

## Ingredients:

- 3 eggs lightly beaten
- 4 cups chicken stock
- 1 tablespoon corn starch
- 1/2 teaspoon ginger grated
- 1 tablespoon soy sauce
- 3 green onions chopped
- 1/4 teaspoon white pepper
- 3/4 cup enoki mushrooms or sliced shitaki mushrooms

## Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 165 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 14 grams
7. SaturatedFat: 1 grams
8. Sodium: 620 milligrams
9. Sugar: 5 grams

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