

Chinese Spaghetti Bolognese - A Fusion

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-spaghetti-bolognese-recipe>

Ingredients:

- 8 ounces spaghetti dried
- salt
- 1 tablespoon oil
- 12 ounces ground beef
- 1 medium onion finely diced
- 2 cloves garlic minced
- 2 teaspoons Shaoxing wine or dry sherry
- 2 cups chicken stock
- 3 tablespoons oyster sauce
- 2 tablespoons light soy sauce
- 1/2 teaspoon dark soy sauce
- 1 teaspoon sesame oil
- 1/8 teaspoon white pepper
- 1 cup frozen peas
- 2 tablespoons cornstarch mixed with 2 tablespoons water

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 70 milligrams
4. Fat: 23 grams
5. Fiber: 5 grams
6. Protein: 34 grams
7. SaturatedFat: 6 grams
8. Sodium: 1510 milligrams
9. Sugar: 8 grams
10. TransFat: 1 grams

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