

Easy 15-Minute Miso Soup

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-soybean-paste-soup-recipe>

Ingredients:

- 2 cups chicken stock or vegetable stock
- 2 cups water
- 4 tablespoons soybean paste
- 12 ounces soft tofu packet of silken, sliced into cubes, you don't have to put all of it in. We like a lot of tofu in our soup so we a...
- 6 sheets dried seaweed cut into strips
- salt unchecked?, to taste
- scallions unchecked?, for garnish, optional

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 12 grams
7. SaturatedFat: 1 grams
8. Sodium: 1020 milligrams
9. Sugar: 4 grams

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