

5 Ingredient Tomato Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-sour-plum-soup-recipe>

Ingredients:

- 56 ounces plum Whole, or San Marzano Tomatoes
- 4 tablespoons salted butter
- 3 cloves garlic minced
- 2 cups chicken stock Progresso™
- 1/4 cup fresh basil chopped
- freshly ground black pepper optional
- salt optional
- 1/3 cup heavy cream optional

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 65 milligrams
4. Fat: 22 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 13 grams
8. Sodium: 460 milligrams
9. Sugar: 42 grams

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