

Pancit Sotanghon

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-sotanghon-recipe>

Ingredients:

- 3/4 pound noodles sotanghon
- 1/2 chicken baked, meat shredded
- 3 pieces chinese sausage chopped
- 4 ounces pork sliced thinly and chopped
- 1/2 cup flat leaf parsley chopped
- 1/4 cup soy sauce
- 1 small carrot julienne
- 18 pieces snap peas
- 1/2 cabbage medium, chopped
- 1 small yellow onion sliced
- 2 cloves crushed garlic
- 3 tablespoons cooking oil
- salt
- pepper

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 170 milligrams
4. Fat: 17 grams
5. Fiber: 5 grams
6. Protein: 47 grams
7. SaturatedFat: 3 grams
8. Sodium: 1040 milligrams
9. Sugar: 3 grams

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