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Chinese Black Pepper Steak with Onion

Yield: 4 min
Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-sizzling-black-pepper-steak-recipe

Ingredients:

- 2 tablespoons avocado oil Click here for my favorite brand on Amazon
- 1 1/2 pounds sirloin steak sliced thinly against the grain
- 1/4 cup soy sauce use coconut aminos for gluten free
- 1 tablespoon white wine vinegar
- 1 large onion sliced thin
- 1 bell peppers Sliced thin
- 1/2 teaspoon black pepper
- 1/2 teaspoon red pepper flakes

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 70 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 39 grams
7. SaturatedFat: 4 grams
8. Sodium: 1000 milligrams
9. Sugar: 2 grams

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