

# Recipe of Bulgarian Stuffed Peppers (Palneni Chushki)

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-savoury-rice-recipe>

## Ingredients:

- 8 bell peppers cored and seeded
- 1 pound ground meat beef, pork or a combination of both
- 2/3 cup rice
- 2 onions chopped
- 1/2 bunch parsley chopped
- 3 tablespoons oil
- 1 tablespoon savory dried
- 1 tablespoon paprika
- salt
- black pepper
- 1 cup tomato puree