

Asian Beef Lettuce Wraps

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/beef-lettuce-wraps-recipes>

Ingredients:

- 12 leaves lettuce iceberg, romaine, Boston or green leaf
- 1 tablespoon vegetable oil
- 1 red bell pepper seeded and diced
- 1 yellow onion diced
- 1 pound ground beef
- pepper
- 1/4 teaspoon salt
- 2 garlic cloves minced
- 1 tablespoon soy sauce
- 1/4 cup hoisin sauce
- 2 tablespoons chili sauce such as Sambal Oelek*
- 1 teaspoon ground ginger
- 1 tablespoon rice wine vinegar
- 1/2 tablespoon honey
- 4 green onions chopped

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 80 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 840 milligrams
9. Sugar: 11 grams
10. TransFat: 1 grams

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