

Whitebait Fritters With Asparagus

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-salt-and-pepper-whitebait-recipe>

Ingredients:

- 9/16 pound whitebait
- 1 egg beaten
- Butter
- salt
- pepper
- 1 lemon
- 1 bunch asparagus
- 3 cloves garlic peeled and chopped
- butter

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 175 milligrams
4. Fat: 20 grams
5. Fiber: 4 grams
6. Protein: 20 grams
7. SaturatedFat: 9 grams
8. Sodium: 620 milligrams
9. Sugar: 2 grams

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