

Yee sang, Chinese salad (aka 'prosperity toss')

Yield: 3 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-salad-with-wonton-chips-recipe>

Ingredients:

- vegetable oil for frying
- 5 wontons each cut into 5 strips
- 1 cup cucumber approx ¼ large cucumber
- 1 medium carrot
- 2 spring onions /scallions
- 1 cup watermelon radish or turnip, as you prefer/have
- 1 cup shredded lettuce
- salmon ¼lb sashimi-grade
- 2 tablespoons pickled ginger
- 2 tablespoons plum sauce or hoisin if not available

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 12 grams
3. Fat: 7 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. Sodium: 105 milligrams
7. Sugar: 3 grams

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